



## Ring of Fire Resources Inc. Reports on Historic Results from Lucas Township Gold Project

**Toronto, Ontario – December 1, 2011:** Ring of Fire Resources Inc. (the "Company" or "ROF") (TSX-V: ROF, FRANKFURT: RG5, OTC.PK: HWKPF) is pleased to report on recently uncovered historic diamond drill results from 12 diamond drill holes out of 30 mineralized holes on its Project 81 Lucas Township Primary Gold Target recently acquired from AbiBow Canada Inc. (now Resolute Forest Products) in the Timmins area of Northern Ontario.

The Lucas Township gold claims were the subject of exploration programs in the early 1960's, 70's and 80's that included diamond drilling that had interesting gold intercepts. There has been no significant mineral exploration work done in the project area since the 1980's. While the selected results reported were carried out by reputable senior exploration companies, all results reported are historic and non NI 43-101 compliant.

Hole ID	From (m)	To (m)	meters	g/t	Incl (g/m)	Incl (g/m)
L-80-4	94.49	131.52	37.03	2.967	3.081/35.66	4.386/7.62
L-80-8	152.55	166.73	14.17	0.933		
L-80-10	118.41	124.05	5.64	2.547	3.497/3.66	
L-80-11	103.94	109.58	5.64	1.816	2.668/3.50	
L-80-11	129.84	138.99	9.14	3.145		
L-80-12	72.24	82.30	10.06	1.023		
L-80-13	118.87	131.06	12.19	2.778	3.421/9.14	
L-80-14	87.78	106.68	18.90	1.028		
L-81-25	173.13	185.62	12.50	1.149		
L-81-30	165.81	174.65	8.84	3.507		
L-81-36	54.25	59.44	5.18	1.610		
L-81-36	80.16	91.44	11.28	2.679	3.567/7.01	
L-81-36A	54.86	103.63	48.77	1.940	2.321/39.62	
904-73-14	141.91	148.13	6.22	1.174		
904-73-14	160.32	180.69	20.06	1.222		

The Lucas Township gold project is the subject of a current helicopter borne Gradiometer Mag, VLF, Radiometric, and TEM Survey in anticipation of diamond drilling early in the New Year to confirm and expand these results.

### About Project 81

Project 81 is now over 70,000 hectares of crown and patented land package divided into 2 blocks. The patents include surface, mineral and timber rights, and hosts a number of mineralized zones on which historical exploration work has identified nickel and gold mineralization from work carried out in the 1960's to 1980's (these sample results are historical and non NI 43-101 compliant.) In addition, the holdings include a significant timber resource.

**About Ring of Fire Resources Inc.:**

Ring of Fire Resources Inc. is a Canadian based junior exploration company holding in excess of 70,000 hectares of property in the Timmins, Iroquois Falls and Smooth Rock Falls areas of Northern Ontario, upon which it plans to develop and implement an exploration program for the balance of 2011 and 2012. It also holds a portfolio of diversified exploration projects at various stages of exploration and drilling for Vanadium/Nickel/Copper/Chromium/PGM in the 'Ring of Fire' McFauld's Lake Area of Northern Ontario, Gold in the Wawa area of Northern Ontario, and Uranium in Northern Saskatchewan.

Michael Newbury, P. Eng (ON), a "qualified person" as such term is defined by National Instrument 43-101 and Exploration Manager of ROF has verified the data disclosed in this news release, and has otherwise reviewed and approved the technical information in this news release on behalf of ROF. Exploration activities are coordinated by Randy Singh, P. Geo (ON), P. Eng (ON), the Company's Exploration Manager.

More detailed information listing all historic results collected to date is available on the website at [www.ringoffireresources.com](http://www.ringoffireresources.com)

**Cautionary Statement:**

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The foregoing information may contain forward-looking statements relating to the future performance of Ring of Fire Resources Inc. Forward-looking statements, specifically those concerning future performance, are subject to certain risks and uncertainties, and actual results may differ materially from the Company's plans and expectations. These plans, expectations, risks and uncertainties are detailed herein and from time to time in the filings made by the Company with the TSX Venture Exchange and securities regulators. Ring of Fire Resources Inc. does not assume any obligation to update or revise its forward-looking statements, whether as a result of new information, future events or otherwise.

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